



# On the M/A/R/C®

Bringing health into focus

Chronic conditions affect **60% of Americans**, a sobering statistic as those who suffer from chronic conditions have a greater risk of overall reduced health.

On average this population has **2.5 chronic conditions**, most common being...



High blood pressure



High cholesterol



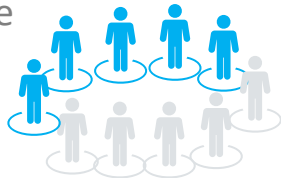
Arthritis/ chronic pain



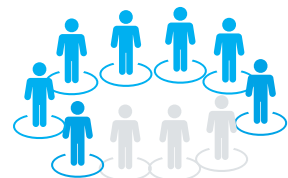
Diabetes

## It is not just older Americans who suffer from chronic conditions.

Among the **21-49** age group, **5 in 10** have chronic conditions.



This statistic increases with age ... **7 in 10** of those **50+** suffer from chronic conditions.



Physical health issues are compounded as sufferers are less likely to maintain...



A healthy diet

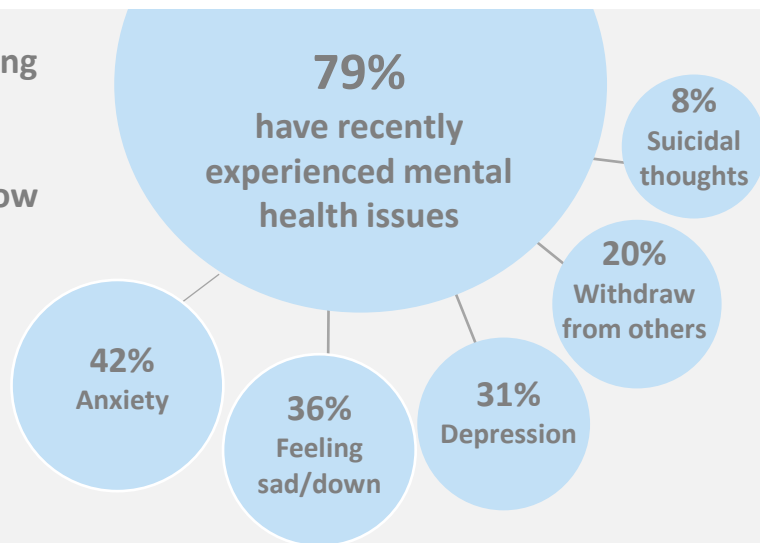


A good sleep schedule



An active lifestyle/ exercise

Many suffering with chronic conditions experience low emotional well-being.



Results based on a nationally representative survey conducted by M/A/R/C® Research of 1,000 respondents in February 2021.

We'd love to share more!

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