



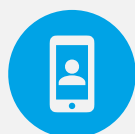
# On the M/A/R/C®

## Bringing health into focus

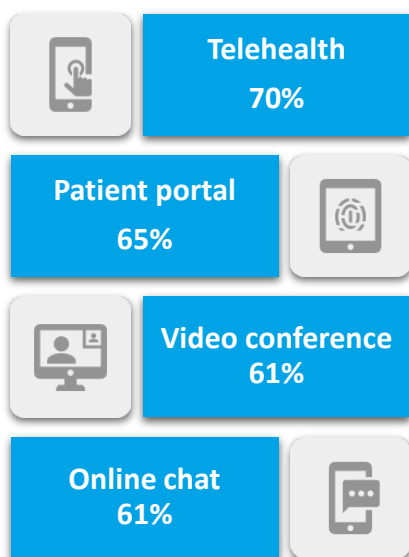
Opportunities exist, now and post-pandemic, to support the nearly one-third of Americans with low emotional well-being.



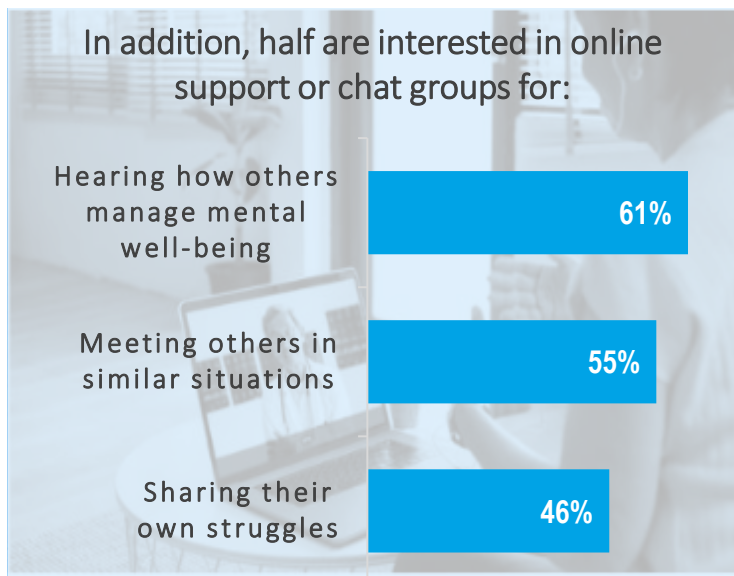
**6 in 10** of those with low emotional well-being are *not* talking about it with their healthcare providers.



Technology can play a greater role in supporting mental health by facilitating conversations with medical professionals and others in similar situations.



Most are open to using technology to discuss mental well-being with a medical professional.



Traditional  
+  
Technology

*Our findings reinforce that an integrated approach could be beneficial for treating low emotional well-being.*

Results based on a nationally representative survey conducted by M/A/R/C® Research of 1,000 respondents in February, 2021. Emotional well-being modeled using the [WHO-5 Well-Being Index](#).

**We'd love to share more!**

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